



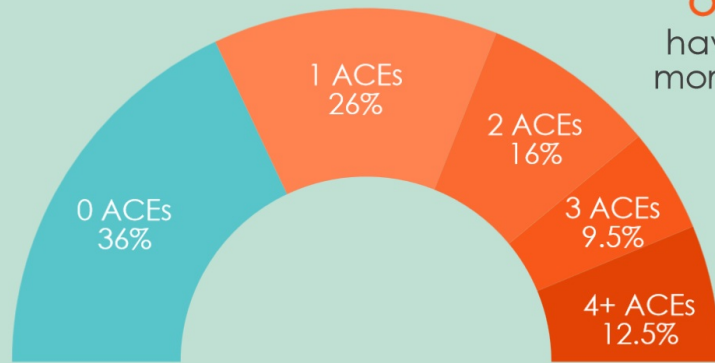
ACE Fact Sheet

Adverse Childhood Experiences (ACEs) is the term given to describe all types of abuse, neglect, and other traumatic childhood experiences.

The landmark **Kaiser ACE Study** examined the relationships between these experiences during childhood and reduced health and well-being later in life.

HOW
PREVALENT
ARE ACEs?

Of **17,000** ACE Study participants:



64%
have 1 or
more ACEs

ABUSE



Physical
28.3%



Sexual
20.7%



Emotional
10.6%



NEGLECT



Physical
9.9%



Emotional
14.8%

HOUSEHOLD DYSFUNCTION



Parental
Divorce
23.3%



Mental
Illness
19.4%



Domestic
Violence
12.7%



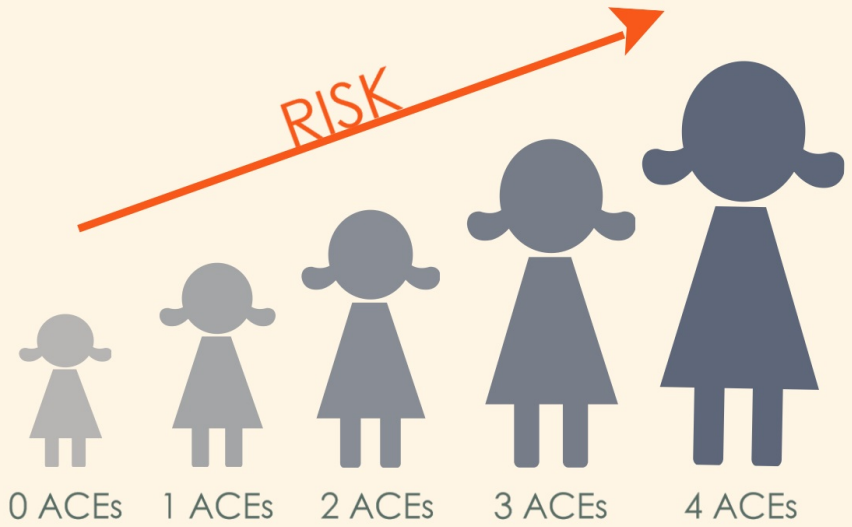
Substance
Abuse
26.9%



Incarceration
4.7%

THE IMPACT OF ACEs

As the number of ACEs increases, so does the risk of negative health outcomes.






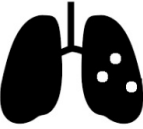






Possible Risk Outcomes

BEHAVIOR

 Lack of physical activity	 Smoking	 Alcoholism	 Drug use	 Missed work
--	--	---	--	--

PHYSICAL & MENTAL HEALTH

 Severe obesity	 Depression	 Suicide attempts	 Diabetes	 STDs
 Cancer	 Stroke	 Heart disease	 Broken bones	 COPD